A STUDY ON WORK LIFE BALANCE AMONG WOMEN TEACHERS IN MUMBAI CITY

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ABSTRACT
The issue of work-life balance is increasingly becoming important in India as more and more women with children are joining the workforce; and there are more and more working professionals feel the need to balance their work and family life. The purpose of present study is to highlight the necessity of adopting work-life-balance (WLB) policies for teachers teaching at college (degree) level. The paper examines different elements of WLB, especially with reference to teachers working in government and private institutes. Based on empirical evidence the study proposes that there is a need for adopting WLB policies for teachers. The data for the study was collected from 50 (fifty) teachers working for government and private colleges for both academic and professional courses. The findings of the study indicate that there is a need for designing WLB policies and programmes for the teaching community to enable them to balance their work and life needs. Through this study an attempt has been made to identify different personal motives and its priority among different demographic groups which could become the basis for designing WLB policies for teachers.

KEY WORDS: Work life balance, Family issues, Life style limitations.

Reference


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